

our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

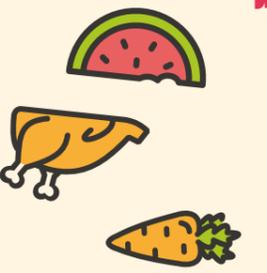


THANK YOU
to our suppliers for their continued support and helping us with our special event days



Menu calendar

Week	Start Date	End Date
13 APR	13 APR	19 APR
20 APR	20 APR	26 APR
27 APR	27 APR	3 APR
4 MAY	4 MAY	10 MAY
11 MAY	11 MAY	17 MAY
18 MAY	18 MAY	24 MAY
25 MAY - HALF TERM	25 MAY	31 MAY
1 JUN	1 JUN	7 JUN
8 JUN	8 JUN	14 JUN
15 JUN	15 JUN	21 JUN
22 JUN	22 JUN	28 JUN
29 JUN	29 JUN	5 JUL
6 JUL	6 JUL	12 JUL
13 JUL	13 JUL	19 JUL
26 OCT - HALF TERM	26 OCT	31 OCT
1 NOV	1 NOV	7 NOV
8 NOV	8 NOV	14 NOV
15 NOV	15 NOV	21 NOV
22 NOV	22 NOV	28 NOV
29 NOV	29 NOV	5 DEC
6 DEC	6 DEC	12 DEC
13 DEC	13 DEC	19 DEC
20 DEC	20 DEC	26 DEC
27 DEC	27 DEC	3 JAN
3 JAN	3 JAN	9 JAN
10 JAN	10 JAN	16 JAN
17 JAN	17 JAN	23 JAN
24 JAN	24 JAN	30 JAN
31 JAN	31 JAN	6 FEB
7 FEB	7 FEB	13 FEB
14 FEB	14 FEB	20 FEB
21 FEB	21 FEB	27 FEB
28 FEB	28 FEB	6 MAR
7 MAR	7 MAR	13 MAR
14 MAR	14 MAR	20 MAR
21 MAR	21 MAR	27 MAR
28 MAR	28 MAR	4 APR
4 APR	4 APR	10 APR
11 APR	11 APR	17 APR
18 APR	18 APR	24 APR
25 APR	25 APR	1 MAY
2 MAY	2 MAY	8 MAY
9 MAY	9 MAY	15 MAY
16 MAY	16 MAY	22 MAY
23 MAY	23 MAY	29 MAY
30 MAY	30 MAY	5 JUN
6 JUN	6 JUN	12 JUN
13 JUN	13 JUN	19 JUN
20 JUN	20 JUN	26 JUN
27 JUN	27 JUN	3 JUL
28 JUN	28 JUN	4 JUL
5 JUL	5 JUL	11 JUL
12 JUL	12 JUL	18 JUL
19 JUL	19 JUL	25 JUL
26 JUL	26 JUL	1 AUG
27 JUL	27 JUL	2 AUG
28 JUL	28 JUL	4 AUG
29 JUL	29 JUL	11 AUG
30 JUL	30 JUL	18 AUG
31 JUL	31 JUL	25 AUG
1 AUG	1 AUG	7 AUG
8 AUG	8 AUG	14 AUG
15 AUG	15 AUG	21 AUG
22 AUG	22 AUG	28 AUG
29 AUG	29 AUG	4 SEP
30 AUG	30 AUG	11 SEP
31 AUG	31 AUG	18 SEP
1 SEP	1 SEP	25 SEP
2 SEP	2 SEP	8 OCT
3 SEP	3 SEP	15 OCT
4 SEP	4 SEP	22 OCT
5 SEP	5 SEP	29 OCT
6 SEP	6 SEP	5 NOV
7 SEP	7 SEP	12 NOV
8 SEP	8 SEP	19 NOV
9 SEP	9 SEP	26 NOV
10 SEP	10 SEP	3 DEC
11 SEP	11 SEP	9 DEC
12 SEP	12 SEP	16 DEC
13 SEP	13 SEP	23 DEC
14 SEP	14 SEP	30 DEC
15 SEP	15 SEP	6 JAN
16 SEP	16 SEP	13 JAN
17 SEP	17 SEP	20 JAN
18 SEP	18 SEP	27 JAN
19 SEP	19 SEP	3 FEB
20 SEP	20 SEP	10 FEB
21 SEP	21 SEP	17 FEB
22 SEP	22 SEP	24 FEB
23 SEP	23 SEP	3 MAR
24 SEP	24 SEP	10 MAR
25 SEP	25 SEP	17 MAR
26 SEP	26 SEP	24 MAR
27 SEP	27 SEP	31 MAR
28 SEP	28 SEP	7 APR
29 SEP	29 SEP	14 APR
30 SEP	30 SEP	21 APR
1 OCT	1 OCT	28 APR
2 OCT	2 OCT	5 MAY
3 OCT	3 OCT	12 MAY
4 OCT	4 OCT	19 MAY
5 OCT	5 OCT	26 MAY
6 OCT	6 OCT	1 JUN
7 OCT	7 OCT	8 JUN
8 OCT	8 OCT	15 JUN
9 OCT	9 OCT	22 JUN
10 OCT	10 OCT	29 JUN
11 OCT	11 OCT	6 JUL
12 OCT	12 OCT	13 JUL
13 OCT	13 OCT	20 JUL
14 OCT	14 OCT	27 JUL
15 OCT	15 OCT	3 AUG
16 OCT	16 OCT	10 AUG
17 OCT	17 OCT	17 AUG
18 OCT	18 OCT	24 AUG
19 OCT	19 OCT	31 AUG
20 OCT	20 OCT	7 SEP
21 OCT	21 OCT	14 SEP
22 OCT	22 OCT	21 SEP
23 OCT	23 OCT	28 SEP
24 OCT	24 OCT	5 OCT
25 OCT	25 OCT	12 OCT
26 OCT	26 OCT	19 OCT
27 OCT	27 OCT	26 OCT
28 OCT	28 OCT	2 NOV
29 OCT	29 OCT	9 NOV
30 OCT	30 OCT	16 NOV
31 OCT	31 OCT	23 NOV
1 NOV	1 NOV	30 NOV
2 NOV	2 NOV	7 DEC
3 NOV	3 NOV	14 DEC
4 NOV	4 NOV	21 DEC
5 NOV	5 NOV	28 DEC
6 NOV	6 NOV	4 JAN
7 NOV	7 NOV	11 JAN
8 NOV	8 NOV	18 JAN
9 NOV	9 NOV	25 JAN
10 NOV	10 NOV	1 FEB
11 NOV	11 NOV	8 FEB
12 NOV	12 NOV	15 FEB
13 NOV	13 NOV	22 FEB
14 NOV	14 NOV	1 MAR
15 NOV	15 NOV	8 MAR
16 NOV	16 NOV	15 MAR
17 NOV	17 NOV	22 MAR
18 NOV	18 NOV	29 MAR
19 NOV	19 NOV	5 APR
20 NOV	20 NOV	12 APR
21 NOV	21 NOV	19 APR
22 NOV	22 NOV	26 APR
23 NOV	23 NOV	3 MAY
24 NOV	24 NOV	10 MAY
25 NOV	25 NOV	17 MAY
26 NOV	26 NOV	24 MAY
27 NOV	27 NOV	31 MAY
28 NOV	28 NOV	7 JUN
29 NOV	29 NOV	14 JUN
30 NOV	30 NOV	21 JUN
1 DEC	1 DEC	28 JUN
2 DEC	2 DEC	5 JUL
3 DEC	3 DEC	12 JUL
4 DEC	4 DEC	19 JUL
5 DEC	5 DEC	26 JUL
6 DEC	6 DEC	2 AUG
7 DEC	7 DEC	9 AUG
8 DEC	8 DEC	16 AUG
9 DEC	9 DEC	23 AUG
10 DEC	10 DEC	30 AUG
11 DEC	11 DEC	6 SEP
12 DEC	12 DEC	13 SEP
13 DEC	13 DEC	20 SEP
14 DEC	14 DEC	27 SEP
15 DEC	15 DEC	4 OCT
16 DEC	16 DEC	11 OCT
17 DEC	17 DEC	18 OCT
18 DEC	18 DEC	25 OCT
19 DEC	19 DEC	1 NOV
20 DEC	20 DEC	8 NOV
21 DEC	21 DEC	15 NOV
22 DEC	22 DEC	22 NOV
23 DEC	23 DEC	29 NOV
24 DEC	24 DEC	6 DEC
25 DEC	25 DEC	13 DEC
26 DEC	26 DEC	20 DEC
27 DEC	27 DEC	27 DEC
28 DEC	28 DEC	3 JAN
29 DEC	29 DEC	10 JAN
30 DEC	30 DEC	17 JAN
31 DEC	31 DEC	24 JAN



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027

Download your copy at www.telford.gov.uk/schoolmeals

All the good stuff

1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.

2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.

3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.

4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.

5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

6 We Oven Bake in preference to Frying.

7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.

8 All of our suppliers ensure full traceability of our Food.

9 Some of our menu choices are developed with children through the Eatwell Project.

V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Pizza Bar – Thin and Crispy Pizza **V** Cheese and Tomato with a selection of toppings

Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Chicken Dunkers served with BBQ or Tomato Sauce

Quorn Dunkers served with BBQ or Tomato Sauce **V**

Pasta Twists, Farmhouse Vegetables, Green Beans, Seasonal Salad Selection, Bread

Fruit Muffin Selection

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Roasted Vegetables and Beans filled Yorkshire Pudding served with a Yorkshire Pudding **V**

New Potatoes, Roast Potatoes, Cabbage, Carrots, Broccoli, Seasonal Salad Selection, Bread

Big Fruit Salad

Thursday

Pasta Bar Pasta Twists with a choice of Bolognese, Tuna and Sweetcorn or Tomato Sauce

Vegetarian Balls served with a Tomato Sauce **V**

Garlic Bread, Cauliflower, Sweetcorn, Seasonal Salad Selection, Bread

Fruit Flapjack

Friday

Jumbo Fish Finger or Salmon Fish Star MSC Salmon and Mashed Potato seasoned within a Crispy Crumb

Filled Jacket Potato Choice of a vegetarian filling **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

Monday

Beef Burger Farm Assured Minced Beef Burger served in a Soft Bread Bun **or Meatballs** Farm Assured Meatballs served with Gravy or Tomato Sauce

Vegetarian Burger served in a Soft Bread Roll **V or Vegetarian Balls** served with Gravy or Tomato Sauce **V**

Jacket Wedges, Sweetcorn, Carrots, Seasonal Salad Selection, Bread

Strawberry and Vanilla Swirl Mousse

Tuesday

Chicken Curry Farm Assured Diced Chicken in a Chef's Tikka Masala Curry Sauce

Vegetarian Curry Seasonal Vegetables and Lentils in a Chef's Curry Sauce **V**

Boiled Rice, Cauliflower, Green Beans, Seasonal Salad Selection, Naan Bread

Shortbread Biscuit Selection

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Stuffed Yorkshire Pudding Seasonal Vegetables and Mixed Beans in a Yorkshire Pudding **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Cabbage, Seasonal Salad Selection, Bread

Fruit Cake and Custard

Thursday

Big Breakfast Farm Assured Sausage, Free Range Scrambled Egg Baked Beans

Quorn Sausage, Free Range Scrambled Egg **V**

Hashbrowns, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Fruit Jelly



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish White fillet of Fish coated in a Light Batter

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce **V**

Chips, Couscous, Farmhouse Vegetables, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Option
Packed lunch available

Monday

Toad in the Hole Farm Assured Pork Sausage in a Yorkshire Pudding with a Rich and Tasty Gravy

Quorn Sausage Quorn Sausage Served in a Yorkshire Pudding with Rich and Tasty Gravy **V**

Creamed Potato, Sweetcorn, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Beef Burrito Farm Assured Minced Beef in a Soft Wrap

Roasted Vegetable and Mixed Bean Wrap Seasonal Vegetables and Mixed Beans served in a Soft Wrap **V**

Savoury Rice, Cauliflower, Garden Peas, Seasonal Salad Selection, Bread

Fruit Muffin Selection

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Yorkshire Pudding and Rich and Tasty Gravy

Stuffed Roasted Vegetable Yorkshire Pudding Seasonal Vegetables and Mixed Beans in a Yorkshire Pudding **V**

Creamed Potato, Roast Potatoes, Broccoli, Carrots, Cabbage, Seasonal Salad Selection, Bread

Iced Sponge and Custard

Thursday

Chicken Goujons Farm Assured Chicken Breast in Golden Bread Crumbs served with BBQ Sauce

Quorn Dunkers Quorn pieces in light Batter served with BBQ Sauce **V**

Pasta Twists, Sweetcorn, Farmhouse Vegetables, Seasonal Salad Selection, Naan Bread

Shortbread Biscuit Selection

Friday

Battered Fish White fillet of Fish coated in a Light Batter

Cheese and Potato Bake Creamed Potato and Cheese topped with Sliced Tomato **V**

Chips, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry and Vanilla Swirl Mousse

FUN FOOD FACT

Ripe cranberries bounce like rubber balls

FUN FOOD FACT

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.