



Wrockwardine Wood C of E Junior School

'Wrockers' Weekly

This Half Terms Value — Courage

Friday 4th July 2025

Classroom in the Clouds Visit St George's

This week, a group of excited Year 4 pupils had the incredible opportunity to attend a vibrant cultural workshop hosted at St George's School, led by a team of visiting educators from Nepal. The event offered a rich, hands-on introduction to the fascinating traditions of Nepalese life, allowing students to immerse themselves in a new and inspiring world.

During the workshop, the children explored traditional Nepalese arts and crafts, tried their hand at intricate designs, and even learned some basic techniques from the visiting artists. The sensory adventure continued as students sampled authentic Nepalese cuisine—flavourful dishes that delighted and surprised young taste buds. A lively dance demonstration brought the room to life,



with students enthusiastically joining in the rhythm and movement that are central to Nepalese celebrations.

Perhaps the most powerful moment of the day was the presentation of the "Classrooms in the Clouds"—schools built in the Himalayan regions of Nepal with the help of global charities. The children were captivated by the resilience and determination of the communities who, despite difficult terrains and limited resources, have built spaces of learning high in the mountains. This eye-opening experience encouraged reflections on gratitude, global citizenship, and the value of education.

Our Year 4 students returned inspired, joyful, and full of stories to share. The workshop was not only a celebration of cultural diversity but also a chance to connect with real-world efforts making a difference in education across the globe.



Dates for your Diary

Monday 7th July

Transition Afternoon
(children meet their new teacher and visit new classroom)

Tuesday 8th July

Transition all day
(children spend the day in their new classroom)

Wednesday 9th July

Parent Drop-in 3:25

Thursday 10th July

Year 6 Leavers' performance
10:00am and 5:00pm

Friday 11th July

Reports available on DC Pro App

Tues 15th July

Leavers' Disco Year 6
5pm-6:30pm. Details to follow

Thurs 17th July

Year 6 Graduation
10am in school

Friday 18th July

Break up —non uniform day

Achievement Award 3LB	TA Award	Star of the Week		Headteacher Award
Eknoor	David	Zoe	3B	Ava H
Maddison		Georgie	3LB	
Rebecca		Harper-Lilly	4C	
Kion		Teddy	4T	
Hunter				
Billy				



End of Summer Term Attendance Update

As we approach the final weeks of the summer term, we'd like to take a moment to thank all our pupils and families for their continued effort in maintaining regular attendance.

Attendance remains a vital part of every child's education and development, and we've seen a positive pattern across the school this term. Consistent attendance helps build confidence, strengthen friendships, and ensures children are able to make the most of every learning opportunity.

☑ Recognising Good Attendance We'll soon be celebrating pupils who have shown exceptional commitment to being in school every day. Certificates and awards will be given in our upcoming end-of-term celebrations to acknowledge their dedication.

☑ Ahead to September As we begin to look ahead to the new academic year, we'll be refreshing our attendance initiatives with new incentives and support systems to help every pupil continue building strong routines.

Thank you again for your support in making attendance a priority. Let's keep up the momentum as we enjoy these final few weeks of term together!



Lawndale Visit

On Wednesday, our fabulous Spiritual Ambassadors visited Lawndale Age UK, where they completed some



mindfulness activities with the residents. The residents really enjoy our visits as it gives them some much needed company and they were very thankful for the time our pupils spent with them. Well done everyone.



Pedestrian Training

This Thursday, Year 6 had pedestrian training. We were lucky enough to have three visitors come in and talk to us about staying safe on the road. We were divided into 3 groups: safety quiz, using the V-R and learning the Green Cross Code. It was very informative and we all had a great time!



THINK!



Before you cross the road

STOP



LOOK



LISTEN

Parent Drop In 9th July—We would like to invite you into school to come and share your child's work that they have completed this half term in music. This is an opportunity to celebrate your child's hard work and discuss what they have been learning about. Children will leave school as normal and then you can come back into their classroom with them through the front entrance. Thank you and we look forward to welcoming you into school on Wednesday.

Pre Loved Uniform

We have a lot of pre loved uniform in stock at the moment particularly jumpers and cardigans. If you would like any please come and help yourself on Wednesday after school, it will be laid out on tables in the main corridor at school during the parent drop in. Thank you 😊



MFL Phrase of the Week!

Here is our French phrase of the week!

We hope you enjoy practising and learning it at home!

**Bonjour !
Hello!**



Year 3 Forest School

This week marked the final Forest School session for our Year 3 pupils, and what a brilliant time they had! The children enjoyed an exciting team-building game with Mrs Cartwright, followed by a cozy marshmallow-toasting session around the fire with Mrs Williams. A fantastic end to a memorable outdoor adventure!



Active Families! -Here is an idea for a quick, active and fun activity you could carry out with your family this weekend! We hope you enjoy!

What's that Word?



What you need: people you live with

How to play:

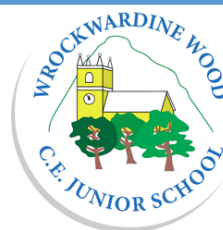
- As a household, choose three words that you are going to be your 'what's that' words for the day. e.g. CAN, YOU and TV.
- Choose words that are said quite often in your household to make the game harder!
- Choose appropriate exercises for each member of your household e.g. mum might want to do star jumps, brother might want to do squats etc.
- Every time a 'what's that' word is said, the person who said it must complete 10 of their chosen exercises.
- Don't forget to remind them by saying:

What's that word?



The Wrockwardine Wood CE Junior School "Living life in all its fullness" challenge.

This week's challenge is to: Go blackberry foraging. We would love to see your photos please email them to: a3129@telford.gov.uk or DoJo to your class teacher.





Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough



Telford and Wrekin
FAMILY HUBS

LAUNCH OF DAMSON FAMILY HUBS



Monday 28 July

10am-12noon, Donnington Community Hub,
St Matthews Road, Donnington, Telford, TF2 7RB

Tuesday 12 August

10am-12noon, The Silver Threads Hall, next to Lawndale,
Wellington Road, Donnington, Telford, TF2 8AD



FREE
Fun family activities
FREE
Face painting
and meet local services



Funded by
UK Government

E Safety Support

Helping children and young people with **MANAGING DEVICE STRESS AND ANXIETY**

WHAT ARE THE RISKS?

The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new stresses for young people, who are often less aware of the hidden hazards. With almost half of 10–15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negotiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

PUSHY NOTIFICATIONS

Content is also directed at us through notifications from our apps: letting us know we have a new message or social post to read, for example. While that's useful in some circumstances, it conditions us to keep going back online (and is designed to do so) and can be a near-constant demand on your child's attention. As such alerts become more common, are we experiencing an 'attack of the pings'?

BLURRED BOUNDARIES

There are now so many ways we can communicate online in real time (like instant messaging apps) or with a delay (such as on social media) that it's possible to be constantly in conversation. Young people often prefer quickfire exchanges of text – but using fewer words can cause distressing miscommunications through the lack of non-verbal cues like facial expressions or tone of voice.

DIGITAL DEPENDENCY

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Likewise, group membership is hugely important to young people – both in digital and 'real' life – and being excluded from online conversations can cause damaging feelings of loneliness and isolation.

DISGUISED DISTRESS

Children often haven't yet developed the emotional resources to deal with many of the setbacks of everyday life, so identifying when it's specifically something online that's worried them can be tricky. A certain level of stress is a normal response to a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel overwhelming and potentially lead to anxiety or depression.

ANTI-SOCIAL SOCIALS

Social media can bring people together in hugely positive ways. Sadly, it does also have a darker side, including 'flame war' arguments which can escalate quickly and have hurtful consequences. With so many people looking on, 'group shaming' situations are also common – while there are continual opportunities for young people to compare themselves negatively with other social media users.

Advice for Parents & Carers

LEARN THE BASICS

It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how – and why – content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

PUSH DISTRACTIONS AWAY

Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same: you should both feel less triggered and more in control.

KEEP CHECKING IN

Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

TALK IT OUT

If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

LOOK FOR THE SIGNS

This is tricky – and may depend on the child's age – but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be parted from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device – and, possibly, that they're in need of extra support.

BE KIND: UNWIND

Be kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, fast-moving digital environment. Getting into the habit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier for them to open up to you about any concerns.

Meet Our Expert

Dr Carol Francis-Smith is an experienced counselling psychologist who specialises in promoting safe and ethical online communications. She consults with and offers bespoke training to businesses and organisations, supporting positive and effective online communications – often by considering some of the more hidden aspects of the various mediums.



NOS National Online Safety®
#WakeUpWednesday