

# Wrockwardine Wood C of E Junior School

# **'Wrockers' Weekly**

Love, Laugn and Learn

#### This Half Terms Value — Compassion

# Friday 20th September 2024

#### Superhero Readers

On Tuesday, the Superhero Readers (children who listen to other children read across the school once a week) walked to Wrockwardine Wood Infant School to read to the Year 2 children. They had a wonderful time, read beautifully and especially enjoyed giving out stickers to the younger pupils!

Thank you to the Infant School for having us, we thoroughly enjoyed ourselves and look forward to visiting again.







<u>Year 3 Poster design Winners</u> Congratulations to two of our fantastic year 3 pupils who won a competition to create a poster to encourage people to be responsible dog owners and pick up dog waste in the local community. Their designs have been printed on metal plaques and will be placed in the local area for all to see. The local councillor for Tench Mr John Thompson and Kerry Woodhouse shared their finished designs with the children this week. They look fantastic. Well done!

<u>GET SET READ</u>—we are re-starting 'Get Set Read!' This will involve the children bringing in an exciting book or magazine from home which they can enjoy at some point during the school day, each Wednesday. Please could your child bring something fun in to school on a Wednesday to take part in 'Get Set Read!' Thank you so much for your support!



Dates for your Diary

#### Thurs 26th Sept

Year 5 Shrewsbury Museum trip—see ParentPay

#### Thurs 26th Sept

Wraparound Care coffee hour 4:30pm-5:30pm. See letter

#### <u>Fri 27th Sept</u>

Macmillan Coffee Morning—see class rota

#### Thurs 3rd Oct

Year 6 WW1 workshop in school. See ParentPay for details

#### Fri 4th Oct

Big Hero Non-Uniform Day. Whole school £1 donation

Weds 23rd October Parent drop in History. Information to follow

Achievement Award 6S	TA Award	Star of the Week		Headteacher Award
Scarl	Amelia R	Scarlet C	5B	Evie H
Ace		Kloe G	5Н	
Rhys	M	Florence H-W	бКЅ	
Scarlie		Elliot L	6P	
Elijah		Bailey C	6S	
Carter				



#### Year 7 Reunion!

It was so lovely to see our amazing year 6s from last year, on Tuesday at our catch-up event! They all looked so grown up and it was great to hear how well they've settled into their new schools! We're really proud of them all.



#### The Wrockwardine Wood CE Junior School "Living life in all its fullness" challenge.

This week's challenge is to: Design and bake a cake for Mac Millan Coffee morning next Friday.



We would love to see your cakes at the sale and photos please email them to:

a3129@telford.gov.uk or DoJo to your class

teacher.



#### Attendance

This weeks overall attendance is 93.2 %

Please can I remind you that you do need you to call or email school on each day of your child's absence to let us know the reason for their absence this can avoid any unauthorised absences being logged when your child is ill. If you are unsure if your child is well enough for school please take a look at the NHS guidance.

#### Is my child too ill for school? - NHS (www.nhs.uk)

Attendance League:

Upper school: congratulations to 6S and 5H joint leaders with 97%

#### Active Families!



#### Year 5 Forest Schools



explored tee pees and tents. The children were shown how to create a tee pee shelter using four canes, a rope and a tarpaulin. The children all did this very successfully. They also had a go at putting up some tents as a team. They needed some guidance with this but by working collaboratively they were able to put up the tents and try them out. We have also been focusing on tying knots in forest schools to help us with our den building-the knot we learnt this week was a reef knot. The children have all been asked to practice this at home when they can. Well done year 5 lots of new skills learnt and applied.

#### Secondary School Open Days/Evenings

Information regarding the various open days for our current Year 6 children when applying for a Year 7 secondary school place can be found here:

https://www.telford.gov.uk/info/20026/school admissions/5205/ school admissions information booklets

Parents need to apply for a Year 7 place online by 31st October 2024









Telford & Wrekin SENDIASS (Special Educational Needs & Disability, Information Advice & Support Service) & Telford Children's Autism Hub are holding a drop in session where they will be able to answer your questions. Join us at The Hub Newport **139 High St, Newport TF10 7BH** Thursday 12th September 2024 12.30pm - 2.30 pm Thursday 12th December 2024 12.30pm - 2.30pm Thursday 20th February 2025 12.30pm - 2.30pm Thursday 22nd May 2025 12.30pm - 2.30pm If you have any questions relating to your child's educational needs or ADVICE HELP around their autism diagnosis, please drop in GUIDANCE SUPPORT and chat to our friendly team

AUTISM HUB

SENDIASS is a free, confidential service that offers impartial information, advice and support to families of children and young people with special educational needs or disabilities, and young people themselves .



Integrated

Care System

Telford Children's Autism Hub supports families who have children under 18 years old with a formal diagnosis of Autism.

01952 262062 childrensautism@tandwcvs.org.uk

01952 457176 info@iass.org.uk

A project of Telford & Wrekin CVS Suite 12 & 15 Hazledine House, Central Square, Telford Centre, Telford, TF3 4JL



#### Where's Nala?

Well done to Evie H in 6KS who correctly spotted Nala in the Living Life in all its Fullness section last week.

You win a Freddo bar!







Our fantastic children have been featured in the most recent copy of the Governors "Leading Magazine" celebrating the lovely relationship that we have built with Lawndale.



# Working with our local community

As a Church of England school, we have been exploring how we can give something back to our community and support our children in developing and living out our Christian values of compassion, friendship, joy, thankfulness, wisdom and courage.

Our Spiritual Ambassadors along with our choir, have been developing links with Lawndale, a local centre for the elderly in Donnington. Lawndale is part of Shropshire, Telford and Wrekin Age UK and their aim is to bring elderly people together to combat loneliness and encourage interaction with their peers. Establishing a relationship with Lawndale has enabled our pupils to see the power of compassion and joy in action within our community and has empowered them to have the desire to live out our Christian values not only in school but in their wider lives.

When our school choir visited Lawndale at Christmas and Easter, they performed a range of carols, songs and poetry to the residents. This has given the choir an opportunity to perform to a real-life audience. As part of the visit, our school Compassion Club also sent biscuits, handmade decorations, and bookmarks for the residents. These were very gratefully received and enabled our pupils to see the benefits of their compassion and thoughtfulness.

Our Spiritual Ambassadors have also visited Lawndale to spread joy and compassion, two of our school values, into our community. The residents loved doing some mindfulness colouring, having a chat with the children and





completing some super word searches created by our Compassion Club. We hope to further develop links with the centre and provide future opportunities for our pupils to visit and develop the relationships they have started forming.

Tracey Cartwright – Headteacher, Wrockwardine Wood CE Junior School

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It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech - related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

What parents need to know about SCREEN ADDICTION

#### **HEALTH** & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are fow help conters in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

# LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

#### LOSS OF INTEREST **IN OTHER THINGS**

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change



#### CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

#### APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.

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STATISTIC

#### 1 Online Safety

National

#### LIMIT SCREEN TIME

ay's digital age, technology is an importa Is development to completely banning them ir device will mean they are missing out on a li ding conversations and communication with inds. Rather than banning them from using the runs time time. s, we suggest setting a screen time limit. you think is a suitable and healthy amour ou think is a suitable arrowice per week. Rem ar child to be on their device per week. Rem our child may need to use devices for their s work so only set screen limits on recreation. for your child to be on their device per week. Nemember that your child may need to use devices for their school hornwork so only set screen limits on recreational time on their device. Once you have established this, have th conversation with them to discuss why you are implementing a screen limit. There will be others in you child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

#### ENCOURAGE ALTERNATE **CTIVITIES**

y seem like an obvious solution, but encouraging in to play with their friends, read a book, or playi tdoors will help them realise they can have fun out their device. Playing football, trampolining, sing, going for a walk or swimming are all healthy coments for screen time. Try to join them in their Outdoor activities to show your support.

# Top Tips for Parents

## LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, mak sure you don't. Try setting house rules that the whole family abide by.

#### LESS TIME MEANS LESS EXPOSURE

e many risks associa lying, grooming, sexting, viewing inappropria t etc. Less time spent on a screen means that a child will be less exposed to these risks.

## MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a ick fix to calm them do t in reality, it is ce as a distracti wn but in re Ick fit to be use their device as a dominant raging them to use their device as a dominant suversation and dealing with their emotions. It removing all technology from the dinner tai wing conversations with your family about he their day has been.

#### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focused the next day at school. 20% of teenager said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

52%	of children aged	3-4
	for nearly 9hrs	a week

82% of children aged 5-7 go online for nearly 9.5hrs a week

93% of children aged 8-11 go online for nearly 13.5hrs a week

99% of children aged 12-15 go online for nearly 20.5hrs a week