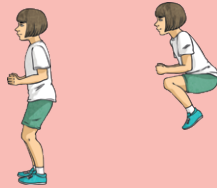


Gymnastic Sequence with Prompts

Choose gymnastic jumps, rolls or movements from the small boxes to make your own sequence. Write down your sequence in the big boxes.



tuck jump



pencil jump



star jump



pike jump



straddle jump



hop jump



pencil roll



forward roll



cartwheel (roll)



egg roll



running



leaping



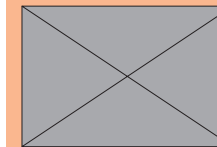
skipping



walking



change direction



crawling

