

Teacher notes

Books: Pictures of performances

Reflection Area activity idea:



Fruits from the Roots



THE PERSEVERANCE TRACK



Make a display of a racetrack. Children write or draw a picture on a small piece of paper of themselves practising a skill that needs **perseverance**. (This could be an educational or personal target.)




(A3 poster rather than display that children can add to over the term).


Monday 31st January



This half term's Christian value is:



PERSEVERANCE



**'I can do all things
through Him who
strengthens me.'**

Philippians 4.13

The graphic features a teal background with a white circular icon of a turtle at the top. Below it, the word 'PERSEVERANCE' is written in large, white, bold, sans-serif capital letters. In the center, there is a photograph of two young boys with backpacks walking away on a dirt path through a sun-dappled forest. At the bottom, a white speech bubble contains the quote 'I can do all things through Him who strengthens me.' in teal text. The reference 'Philippians 4.13' is printed in small white text at the very bottom right.

Monday 31st January

Greeting

Light your class worship candle.



We have gathered in the name of
God the Father, Son and Holy Spirit,
to worship together,
and think about our value

Perseverance

Engage

When St Paul was a prisoner in Rome, he sent a letter to his friends saying:

"I can do all things through Him who strengthens me." Philippians 4.13

How do you think God strengthened Paul?

We thought earlier this term about how life can be a bit like a race. Today we are going to think of it as a journey. A journey can sometimes take longer than a race, but it can be just as challenging.

Hold up the map.

Sometimes the route can be easy, the weather is fine and sunny, there are lovely views and we reach our destination with no trouble at all. At other times the route can be difficult, the weather might be stormy, we can't see very far and we need lots of **perseverance** to reach our destination.

Respond

Consider a challenge that you are facing in your life.

As we listen to the music, think about the challenge. Imagine that you are finding it particularly tough. How can we show perseverance to make it through the stormy part?



Sending

Share the challenges that you are facing.

The rest of the class, what techniques could they use to get through these challenges?

Tuesday 1st February



Children will need
spiritual journals

Engage

In groups, assign roles for the script and perform!

DRAMA THE PERSEVERANCE CHALLENGE

Narrator: Griff was in Year 5. At Griff's school, the Year 5 always went orienteering at the Wilderness Centre. Griff was dreading it. The Wilderness Centre was miles from anywhere.

Griff liked the town, not hills and rivers and wood.

He liked travelling in his mum's car, not walking places.

He liked playing on his computer, not climbing trees.

He just knew that he would hate the Wilderness Centre!

The time had come. The next morning he would have to go.

'How can I get out of this?' thought Griff. Maybe I could pretend to be ill.

Mum: Time for bed. Don't forget to put your alarm on. You don't want to get there late

Narrator: said Griff's mum as he went off to bed.

Griff: OK

Narrator: said Griff, but really he didn't want to get there at all.

That night Griff had the strangest dream.....

Mr NGU: Good morning Griff. I'm Mr Never-give-up, the Warden here at the Wilderness Centre. I'm very glad that you came bright and early before everyone else because I want YOU to try out the new orienteering course I've designed. I'm actually rather proud of it. It's a new route called The Perseverance Challenge. Here's the map. I'll be interested to know how you get on.

Don't forget the Perseverance Challenge, I'm sure you will have heard it before
(he raises the placard and gestures for everyone to join in)

ALL: If you can't go UNDER it, and you can't go OVER it, then, Griff, you must go THROUGH it!

Narrator: And with that Mr Never-give-up was gone!

Griff was horrified. He had never expected this! It was his worst nightmare! Suddenly the Perseverance Challenge Map began to shiver and shake and even squeal in a most peculiar way. (Add sound effects)

Griff looked down at it.

Griff: Challenge One: The Beastly Bog.

As he looked up, sure enough, there it was, The Beastly Bog, right in front of him.

I can't face that, he thought. I might as well give up now!

But then he remembered Mr Never-give-up's Perseverance Challenge.

(Mr Never-give-up holds up the placard and gestures for everyone to join in.)

ALL: If you can't go UNDER it, and you can't go OVER it then, Griff, you must go THROUGH it!

Narrator: Squish squeal (Sound effects)

Squish squeal

Squish squeal

Narrator: Slowly and squealchly Griff and made it through the Beastly Bog.

And.....finally he got to the other side.

Phew! Griff felt quite relieved and even a little pleased with himself for not giving up!

But before he had time to catch his breath, the Perseverance Challenge Map began to shiver and shake and squeal in his hands once again. (Sound effects)

Griff looked down at the map.

Griff: Challenge Two: The Brambly Forest.

Narrator: As he looked up again, sure enough there it was. Right in front of him, The Brambly Forest.

Oh no I hate brambles and nettles and that forest is full of them!

Then Mr Never-give-up's Perseverance Challenge came back to him.

(Mr Never-give-up holds up placard)

ALL: If you can't go OVER it and you can't go UNDER it then, you must go THROUGH it!

Narrator: Scritch Scratch

Scritch Scratch

Scritch Scratch

But finally Griff stumbled his way through the brambles and out the other side.

Phew! I reckon I did OK in that Forest. At least I didn't let it beat me. Griff began to become altogether a bit more confident. He even felt ready for the next challenge.

And sure enough, the Perseverance Challenge Map began to shiver and shake and squeal in his hands.

Griff looked down at the map.

Griff: Challenge Three: The Raging River.

And when he looked up, there it was right in front of him. The Raging River.

This time Griff shouted out the Perseverance Challenge without being reminded,

ALL: If you can't go OVER it and you can't go UNDER it then, you must go THROUGH it!

Narrator: Splash splosh

Splash splosh

Splash splosh

Griff: Phew, I may be wet through and cold but I think I managed that river rather well!

Narrator: And then quite suddenly there was Mr Never-give-up, the Warden, standing right in front of him.

Mr NGU: Well done Griff! You have successfully completed the Perseverance Challenge.

You didn't give up when you were muddy from The Beastly Bog, you didn't give up when you were scratched in the Brambly Forest and you didn't give up when you got wet through in The Raging River!

In fact you kept right on going! I think you will be showing the others the way when they come!

Time for a steaming mug of hot chocolate. I think you've earned it!

Take pictures.

Respond

What can we learn from Griff and his attitude to the challenges?

DRAMA THE PERSEVERANCE CHALLENGE

Narrator: Griff was in Year 5. At Griff's school, the Year 5s always went orienteering at the Wilderness Centre. Griff was dreading it. The Wilderness Centre was miles from anywhere.

Griff liked the town, not hills and rivers and wood.

He liked travelling in his mum's car, not walking places.

He liked playing on his computer, not climbing trees.

He just knew that he would hate the Wilderness Centre!

The time had come. The next morning he would have to go.

'How can I get out of this?' thought Griff. Maybe I could pretend to be ill.

Mum: Time for bed. Don't forget to put your alarm on. You don't want to get there late

Narrator: said Griff's mum as he went off to bed.

Griff: OK

Narrator: said Griff, but really he didn't want to get there at all.

That night Griff had the strangest dream.....

Mr NGU: Good morning Griff. I'm Mr Never-give-up, the Warden here at the Wilderness Centre. I'm very glad that you came bright and early before everyone else because I want YOU to try out the new orienteering course I've designed. I'm actually rather proud of it. It's a new route called The Perseverance Challenge. Here's the map. I'll be interested to know how you get on.

Don't forget the Perseverance Challenge, I'm sure you will have heard it before
(he raises the placard and gestures for everyone to join in)

ALL: If you can't go UNDER it, and you can't go OVER it, then, Griff, you must go THROUGH it!

Narrator: And with that Mr Never-give-up was gone!

Griff was horrified. He had never expected this! It was his worst nightmare!

Suddenly the Perseverance Challenge Map began to shiver and shake and even squeal in a most peculiar way. (Add sound effects)

Griff looked down at it.

Griff: Challenge One: The Beastly Bog.

As he looked up, sure enough, there it was, The Beastly Bog, right in front of him.

I can't face that, he thought. I might as well give up now!

But then he remembered Mr Never-give-up's Perseverance Challenge.

(Mr Never-give-up holds up the placard and gestures for everyone to join in.)

ALL: If you can't go UNDER it, and you can't go OVER it then, Griff, you must go THROUGH it!

Narrator: Squish squeelch (Sound effects)

Squish squeelch

Squish squeelch

Narrator: Slowly and squelchily Griff made it through the Beastly Bog.

And.....finally he got to the other side.

Phew! Griff felt quite relieved and even a little pleased with himself for not giving up!

But before he had time to catch his breath, the Perseverance Challenge Map began to shiver and shake and squeal in his hands once again. (Sound effects)

Griff looked down at the map.

Griff: Challenge Two: The Brambly Forest.

Narrator: As he looked up again, sure enough there it was. Right in front of him, The Brambly Forest.

Oh no! I hate brambles and nettles and that forest is full of them!

Then Mr Never-give-up's Perseverance Challenge came back to him.

(Mr Never-give-up holds up placard)

ALL: If you can't go OVER it and you can't go UNDER it then, you must go THROUGH it!

Narrator: Scritch Scritch

Scritch Scritch

Scritch Scritch

But finally Griff stumbled his way through the brambles and out the other side.

Phew! I reckon I did OK in that Forest. At least I didn't let it beat me. Griff began to become altogether a bit more confident. He even felt ready for the next challenge.

And sure enough, the Perseverance Challenge Map began to shiver and shake and squeal in his hands.

Griff looked down at the map.

Griff: Challenge Three: The Raging River.

And when he looked up, there it was right in front of him. The Raging River.

This time Griff shouted out the Perseverance Challenge without being reminded,

ALL: If you can't go OVER it and you can't go UNDER it then, you must go THROUGH it!

Narrator: Splash splosh

Splash splosh

Splash splosh

Griff: Phew, I may be wet through and cold but I think I managed that river rather well!

Narrator: And then quite suddenly there was Mr Never-give-up, the Warden, standing right in front of him.

Mr NGU: Well done Griff! You have successfully completed the Perseverance Challenge.

You didn't give up when you were muddy from The Beastly Bog, you didn't give up when you were scratched in the Brambly Forest and you didn't give up when you got wet through in The Raging River!

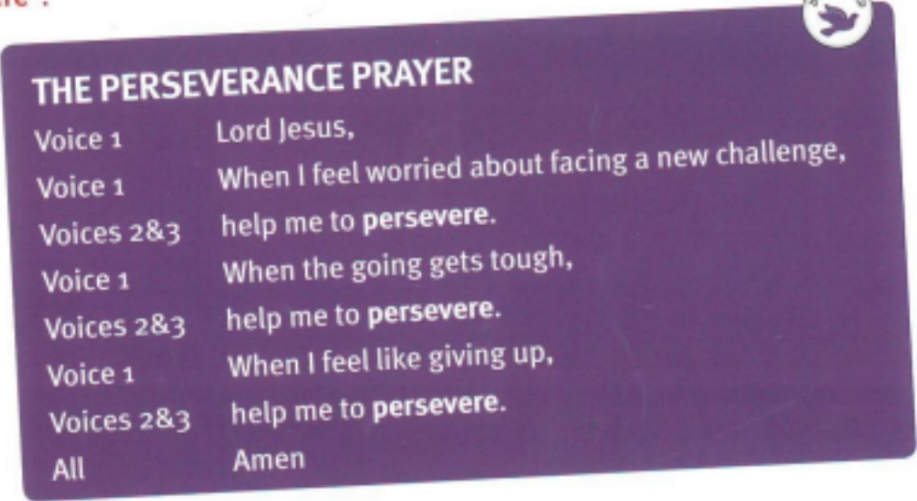
In fact you kept right on going! I think you will be showing the others the way when they come!

Time for a steaming mug of hot chocolate. I think you've earned it!

Sending

Together:

to persevere".



THE PERSEVERANCE PRAYER

Voice 1 Lord Jesus,
Voice 1 When I feel worried about facing a new challenge,
Voices 2&3 help me to **persevere**.
Voice 1 When the going gets tough,
Voices 2&3 help me to **persevere**.
Voice 1 When I feel like giving up,
Voices 2&3 help me to **persevere**.
All Amen

