

Lesson 4



Game

Option 1: Play 'Roll the ball'. Sitting in a circle with legs stretched out in front of them, the children roll a large sponge around the circle on their legs only. Explain they are not allowed to use their hands at all and not allowed to let the ball go onto the floor. The children have to concentrate, cooperate and work together to achieve this task. Then time how long it takes for the ball to be passed by their legs and rolled around the circle so that they know how long this task has taken. Then ask the children to see if they can work together to do this task again but halve the time in which it took to achieve it. How can they do this? What skills/strategies do they need to use to achieve this? Then have a go!

Option 2: Play 'pass the sound'. Explain the task is to pass a sound around the class in the quickest possible time. Work out the direction the sound will be passed. Sitting in a circle or in their places, the teacher will make a sound such as a hand-clap or a finger click. In the agreed direction, the child next to the teacher repeats the action. The child next to them repeats, and so on, until the sound has travelled around every child. Challenge the class to repeat the task but in half the time. How can they do this? What skills/strategies do they need to use to achieve this? Then have a go!

Calm me!



Some examples of issues people across the world face:

Do you know of any charity events you have seen on tv or been a part of that has helped raise money for people in need?

Who might you like to support or hold an event for?

For the rest of the lesson and the next 3 will be a group challenge to plan and design an event or project to help raise money for the chosen charity.

This could be a sponsored task or an event.

