

Lesson 3

Who taught you in this session?		Teacher	TA	CS	1:1
Independent		Supported			
Celebrating Difference					
Child	<p><u>PSHE: I understand how rumour-spreading and name-calling can be bullying behaviours.</u></p> <p><u>SE: I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving if I am part of one.</u></p>				Teacher
	I can identify some bullying behaviours.				
	I know how to help someone being bullied.				
Lesson 3					
<p>Key vocabulary:</p> <ul style="list-style-type: none"> Bullying Rumour Name-calling Racist Homophobic Cyber bullying Texting Problem-solving 					



Lottie has recently moved to the school. She has few friends and recently a group of girls has made it obvious they will not accept her into their group. They isolate her and give her nasty looks. They make her feel like they are talking about her and she has recently begun to receive anonymous text messages calling her names. Lottie feels very lonely, sad and isolated and is feeling scared about coming to school.

Discuss in your teams:

Is Lottie being bullied?

Justify your answers.

1. It doesn't just happen once: it goes on over time and happens again and again
2. It is deliberate: hurting someone on purpose, not accidentally
3. It is unfair: the person doing the bullying is older, stronger and more powerful (or there are more of them) and even if the bully is enjoying it, the person being bullied is not.

Name-calling and rumour-spreading can be just as hurtful as physical bullying.



Write a way Lottie or someone in her class could help solve this situation or make it better.



Write something that might make this situation worse.