

WROCKERS' WEEKLY

This Half Term's Value — Wisdom

Friday 17th April 2026

Gold in trauma-informed and attachment-aware practice.



**TRAUMA
INFORMED
EDUCATOR**
GOLD AWARD
THE SURVIVORS TRU!

I am delighted to share the fantastic news that Virtual School Headteacher has personally approved Wrockwardine Wood C of E Junior School to be accredited as Gold in trauma-informed and attachment-aware practice. This award recognises the high-quality provision offered by our school and the inclusive approach we take to support our children with a wide range of additional and complex needs. The school has demonstrated that the values and approaches embedded align with trauma-informed and attachment-aware practice, alongside a clear commitment to inclusion and meeting diverse needs. We are very proud to be one of only a small number of schools in Telford and Wrekin to have achieved this status. An enormous thank you and well done to the team. Your hard work and dedication has clearly shone.

Year 4 Mosque Visit

On Wednesday, Year 3 enjoyed a fantastic visit to Telford Central Mosque as part of their learning about different faiths and communities. The children were warmly welcomed and had the opportunity to explore the mosque, learn about Islamic traditions, and discover the importance of prayer in daily life. They asked thoughtful questions and showed great respect throughout the visit. Their behaviour was exemplary, and they represented our school beautifully at all times. It was a valuable experience that brought their classroom learning to life and helped foster curiosity, empathy, and respect for others. Well done year 3!



Dates for your diary

Monday 20th April 3pm
Multiplication Tables Check
Parent Presentation
Year 4 Parents in the school hall

Monday 27th April
Shrewsbury Museum trip Year 3. Please see ParentPay to give permission

Wed 29th April
Telford Mosque trip Year 4. Please see ParentPay to give permission

Wed 6th May
Fordhall Farm trip Year 4. Please see ParentPay to give permission

Wed 6th May
Telford Mosque trip Year 5. Please see ParentPay to give permission

Welcome Back!

Welcome back everyone — we hope you all enjoyed a relaxing and well-earned Easter break. It has been lovely to see the children return to school settled, smiling, and ready to learn.

We would like to start the term by celebrating some fantastic attendance achievements from the first week back. A huge congratulations to 6KS, who reached their attendance target for the very first time — a brilliant achievement and one that reflects real commitment from both pupils and families. Well, done, 6KS!

We are also incredibly proud to share that the whole-school attendance target was met, with an overall attendance of 96.3%, exceeding our target of 96%. This is a fantastic result and shows the positive impact of everyone being Here, Everyday, Ready, and On Time.

Special mentions also go to 5G, who achieved an outstanding 100% attendance, and to all classes who earned dojos for meeting or exceeding the target. Every day in school really does make a difference to learning, friendships, and confidence.

Thank you for your continued support with attendance — let's keep this momentum going as we move into the new term!

Be an Attendance HERO
Here. Everyday. Ready. On Time.

The Wrockwardine Wood CE Junior School “Living life in all its fullness” challenge.

This week's challenge is to:

Create a self portrait and share it with your class :)

We would love to see your photos please email them to: a3129@telford.gov.uk or DoJo to your class teacher.



ATTENDANCE LEAGUE

Week ending: 17.04.2026

Whole School: 96.3 Target 96%

Class	This week's %	Target achieved	Dojos
3H	96	🟡	3
3LB	94%	🟡	0
4D	99%	🟡	3
4M	98%	🟡	3
5B	93%	🟡	0
5G	100%	🟡	3
6S	92%	🟡	0
6KS	96%	🟡	3



Be an Attendance HERO
Here, Everyday, Ready, On Time

7 Minute Workout



Get Set 4
Education

What you need: 1 clock or stopwatch

What to do: complete each exercise for 30 seconds:

- Jog on the spot
- Star jumps
- Lunges
- Tuck jumps
- Press ups
- High knees
- Squats
- Plank
- Burpees
- Side plank
- Mountain climbers
- Side plank on the other side



www.getset4education.co.uk

Active
Families

MFL Phrase of the Week!

Here is our French phrase of the week!
We hope you enjoy practising and learning it at home!

?

Quel âge as-tu ?

How old are you?



Multiplication Tables Check

Parent Presentation Year 4 Parents

We would like to invite Year 4 parents and carers to attend a short presentation about the Multiplication Tables Check (MTC) on Monday 20th April at 3.00pm. The session will explain what the MTC involves, when it will take place, how it will be delivered in school, and how you can support your child at home.

We hope you will be able to join us to find out more and ask any questions you may have.

Practising at home

Please see below a useful website which allows an interactive way for children to practise their multiplications in a similar format to the MTC.

Multiplication Tables Check - 2026 -
Timestables.co.uk

Additionally, TTRockstars offers a fun and competitive way for pupils to practise their timetables. All children should have log-ons and access to this so please class dojo your child's teacher if they are having difficult logging on.

Thank you for your continued support and look forward to seeing you at the presentation



Parent Training Opportunity

Please find below information regarding an upcoming online training opportunity for parents and professionals. This consists of a series of PowerPoint-based training, offering insightful information and strategies to support children and young people with autism. I will be delivering these over the course of April.

The QR codes provided in the poster on the next page will link directly to each session. All training will be delivered online via Microsoft Teams.

Additionally, please see the direct links to the training below.

Understanding Autism - 10:00am - 11:00am - Tuesday 21/04/2026

<https://teams.microsoft.com/meet/33023081295962?p=BRDCEDLfPL7G2LDo0P>

Meeting ID: 330 230 812 959 62

Passcode: 2xH9Yn6a

Autism & Sensory - 12:30pm - 1:30pm - Thursday 23/04/2026 <https://teams.microsoft.com/meet/31595895315853?p=X1TZr6eB9yosmgj20k>

Meeting ID: 315 958 953 158 53

Passcode: 9GJ6vg3G

Autism & Girls - 5:00pm - 6:00pm - Monday 27/04/2026 <https://teams.microsoft.com/meet/31471757193108?p=1Ua0Frh1qQACgK0Blt>

Meeting ID: 314 717 571 931 08

Passcode: mM7A26ok



The Linden Centre



TELFORD & WREKIN INCLUSION SUPPORT TEAM

ONLINE TRAINING

Please email Kerry.Mclafferty@taw.org.uk

21st April 2026
10:00am-11:00am



**UNDERSTANDING
AUTISM**

23rd April 2026
12:30pm- 1:30pm



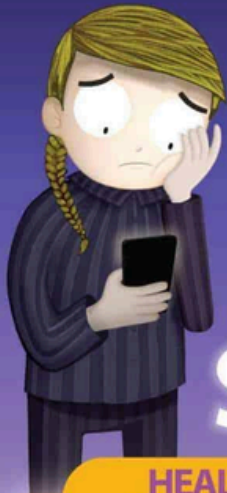
**AUTISM &
SENSORY**

30th April 2026
5:00pm - 6:00pm



**AUTISM &
GIRLS**

E-SAFETY SUPPORT



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



What parents need to know about SCREEN ADDICTION



HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



National Online Safety



Top Tips for Parents



LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

STATISTICS

52% of children aged **3-4** go online for nearly **9hrs** a week

82% of children aged **5-7** go online for nearly **9.5hrs** a week

93% of children aged **8-11** go online for nearly **13.5hrs** a week

99% of children aged **12-15** go online for nearly **20.5hrs** a week

Children and Parents: Media Use and Attitudes Report 2018

ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.