

Healthy Child Programme 0-19

Newsletter

Covid 19 has caused major interruptions and delays in child health services. The 0-19 Public Health Nursing service and Family Nurse Partnership are restoring services.

We are very pleased to share with you the adapted service provision we are currently offering.

We have embraced the opportunity to increase the use of digital technology and are starting to resume some of the home visiting element of the service, local clinics, school drop ins and development reviews.



How to contact us:



0333 358 3328



Text Health Visitor
07520 619053



Text School nurse:

Chat Health **07520 619051**
Confidential service for young people



Shropcom.adminleonardst@nhs.net



Restoring Services..... 0- 5 years

New birth contact and 6 –8 week contact: We are currently offering this contact where possible in the clients home, we will adhere to social distancing and wear PPE.

Healthy child programme weight clinics: There are currently 3 weight clinics in Telford and Wrekin weekly for you to use please contact the service to make an appointment we will adhere to social distancing and wear PPE.

1 and 2 years development contact: We are currently using a number of platforms to catch up with these contacts, we will contact you either by telephone to discuss your child's development needs or by letter to offer you an appointment in a clinic or through the new Attend Anywhere virtual platform. Due to the pandemic there is a delay in this element of the service we are working hard to get back on track, in the meantime please contact us if you have any **developments concerns** about your child

Breastfeeding support: This support is being offered in a variety of ways, using telephone, digital platforms, virtual groups and home visits



New to 0-5 years

Healthy Child programme virtual clinics:

We have 2 attend anywhere clinics per week for parents to discuss their child's needs including sleep, toileting, speech, fussy eating and much more.



Restoring services 5-19 years

School Drop ins: School nurses are now able to facilitate school drop ins for young people to access for their own health and well being needs. Social distancing measures are adhered too and PPE is worn.

National child measurement programme: The service is not yet able to undertake this element fully at present, if you are concerned about your child's health or weight please contact the service to discuss.

Eye health: It is recommended that your child has their vision checked in reception year or at anytime you have a concern about your child's vision. Please contact your local optician to discuss or book an appointment (you will not have to pay for the sight test.)

Family Nurse Partnership

Have continued to offer the licensed programme throughout the pandemic to young parents under 19 years of age, if you are pregnant and under 19 years of age or know someone who is please contact us to see whether you would be eligible for this service provision

Emotional Health & Well being practitioners.....

Our service also has dedicated professionals who can support and sign post for emotional health and well being of both children and for parents/ carers during the antenatal or postnatal phase of your parenting journey.

“Meeting the health needs of children & young people in Telford & Wrekin. Health Visitors School nurses and Family Nurse Partnership”