

# Wrockwardine Wood C of E Junior School

# **'Wrockers' Weekly**

'Love, Laugh and Learn'

This Half Terms Value — Compassion

# Friday 22nd September 2023

#### Year 5 Pedestrian Training

Today, year 5 did pedestrian training. Firstly, we went through a power-point about how to cross the road safely. Next, we had the chance to walk down the road, to put our skills to the test. We had to make sure that we used the Green Cross Code







(Stop, Look, Listen, Think). When we use this we know we will be safe crossing the roads.

Written by: Megan and Lilly-Rae 5H.



#### The Wrockwardine Wood CE School "Living life in all its fulness" challenge.

We would like to invite you to join us in supporting our pupils to fulfil our school vision and live their lives in all their fullness. Each week we will be sharing a fun challenge on our newsletter that our children can complete at home over the weekend or forthcoming week with their

families. The challenges will encourage them to try new things and celebrate challenge and adventure. We would love to share their experiences with everyone on our celebration display in the front entrance.

Please share photographs and comments with us by emailing them in to the school office - **a3129@telford.gov.uk** 

Our challenge for this week is: to take a family walk



# Dates for your Diary

#### Tues 26th Sept

Year 3 parent wellbeing session and parent lunch in school. See letter.

Macmillan Cake Day 29th September (see timetable for class times)

<u>Monday 2nd</u> <u>October</u> Black History Awareness Day

#### <u>Bikeability Year 5</u> and 6

2nd and 3rd and 5th and 6th October places are now taken

#### Monday 9th Oct

SEND Coffee Morning

8:45am—to look at books

9am—Coffee

Achievement Award	TA Award	Star of the Week		Headteacher Award
Sky E	Casper K	Rhys C	5B	Xander B
Charlie P		Rajveer K	5H	
Max M	***	Keaton M	5/65	
Leo W	· *	Ava R	6J	
Ollie W	M*	Anika G	65	
Delilah E				

#### Wraparound Care

## Sporting Champion

AC plays for Telford Tigers Under 10s Ice Hockey Team! He has proudly shared his trophy for being the best shooter in the Under 10s last season, which he received at a team presentation. He has also got a number of medals for taking part in tournaments last season. Well done A!



#### Note for parents:

On the following days our Wraparound Care facility will be operating from the school hall and children should be collected from the hall via the door on the rear playground:

28<sup>th</sup> September PM only

19<sup>th</sup> October PM only

17<sup>th</sup> November PM only

#### School Admissions 2024

The online application form for children who are due to start primary school (Reception), secondary school (Year 7), or those transferring from infant to junior school (Year 3) in September 2024 is now available via the Telford & Wrekin website.

- Parents will need to make an application to the Local Authority in which they live even if they want to apply for a school in another LA area.
- If a child is attending a school based nursery, they still need to apply for a school place.

All parents will need to apply online via the parent portal and are advised to apply to four schools, including their nearest or catchment area school.

The application deadlines for each process are:

- Reception 15 January 2024
- Junior 15 January 2024
- Secondary 31 October 2023

If a child has an Education, Health and Care Plan the closing date is 31 October 2023 for all applications.



• Further information is available on the Telford & Wrekin website, including links to the updated primary and secondary school admission brochures.

If you have any difficulties completing their application, you should contact the School Admissions Team at: admissions@telford.gov.uk

#### Macmillan Coffee Day!

We would love to invite you to our Macmillan Coffee Day on Friday 29th September! Each class will have a timeslot where you will be able to join your child for a drink and cake for a small <u>cash</u> donation, to raise much-needed funds for this incredible charity. We would be extremely grateful for donations of cakes for this special day – please could you send these into your child's class on the morning of 29th September. If you are unable to attend, you are very welcome to send your child into school with a small donation to purchase some refreshments. The timeslots for each class are as follows, however if you have children in different classes, please choose one of their timeslots and siblings can join together. We're really looking forward to seeing you there and many thanks for your support!

Time—Morning	Class
9:00—9:30	5/6S
9:30 - 10:00	6J
10:00 - 10:30	6S
11:00 - 11:30	5H

Time –Afternoon	Class	
1:15 -1:40	4C	
1:40 - 2:05	4T	
2:05 – 2:30	3B	
2:30 - 2:55 -	3LB	
2.55 – 3.15 -	5B	



#### INTRODUCTION TO **ENGLISH SKILLS** (English for Speakers of Other Languages) Wrockwardine Wood Infant School **Thursday 21st** September -**Thursday 14th** December 12.30 - 3pm 12 week course Would you like to improve your English Skills Support your children's learning in school Develop conversational English to help with everyday situations Learn at your own pace Free Course Free Creche facility where available Register your interest online https://www.learntelford.ac.uk/PublicSites/CreateFromCourse/7932935

#### INTRODUCTION TO ENGLISH SKILLS

To register your interest for this course please click on the link;

https://www.learntelford.ac.uk/PublicSites/CreateFromCourse/7932935

OR please return your slip to your School Administrator to book your place on the English Skills course at Wrockwardine Wood Infant School starting on Thursday 21st September - 14th December 2023 from 12.30 – 3pm

Name of adult attending.....

Telephone number.....

Email Address.....

Crèche Required? YES/NO

For any support with Registering; 01952 382888 support@learntelford.ac.uk



#### Attendance:

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Thank you again to all the parents and carers that have called or emailed school to tell us why your child is absent. Please can I remind you that we do require you to call or email on each day your child is absent from school. You can contact us on 01952 387880 and press option 1 or email A3129@telford.gov.uk. Whole school attendance last week was 96%. 3B was 100% and 6S was 98%. WELL DONE

#### **IMPORTANT!**

When your child attends after school clubs, if they are not going after school one week, <u>you must let the office know in</u> <u>advance.</u> This is to safeguard the children. Thank you.

#### SEND Coffee Morning

Parents of children with SEND are invited to the SEND Coffee Morning in school, at **8.45 on Monday 9<sup>th</sup> October** with speakers from BEAM, Strengthening Families, the Mental Health Team

and more. You will have an opportunity to look through your children's books with them at 8:45am and then coffee at 9am.



We look forward to seeing you all there.

#### We Love Running!

This week, we have relaunched our running track competition which the children take part in weekly, to travel virtually around the world! They have 15 minutes to run as many laps as they can collectively as a class and this week's winners were 4T with an impressive 249 laps – well done 4T! In 2<sup>nd</sup> place were 6S with 244 laps and 4C were 3<sup>rd</sup> with 230 laps.

Congratulations to all classes who took part and let's see if we can beat our scores next week!

Well done 4T!





#### Football Superstar!

This week's football club trophy winner was VL because he listened carefully and tried his hardest in our mini tournament!

Well done V



# E Safety Support

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further ouides, holds and the soluts.

It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech - related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

# What parents need to know about SCREEN ADDICTION

# HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

## LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

#### LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



#### CONFIDENCE, SUPPORT & ADVIC

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.



Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.

## National Online Safety

## LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their

devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device par week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implemention a screen limit. There will be others in your

implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

#### ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or awimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

# Top Tips for Parents

## LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have alked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

#### LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

## MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how

#### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focusied the next day at school. 20% of beenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.



82% of children aged 5-7 go online for nearly 9.5hrs a week

93% of children aged 8-11 go online for nearly 13.5hrs a week

STATISTICS

99% of children aged 12-15 go online for nearly 20.5hrs a week